REINTEGRATION: A FAMILY’S STORY
THE WAR THAT CAME HOME

One Spouse’s Journey from Horror to Healing
Combat PTSD affects between 11-20% of those who served in OIF and OEF

- 12% of those who served in the Gulf War
- 15% of those who served in Vietnam
• Half of spouses of veterans who have PTSD have reported feeling like on the edge of a “nervous breakdown”

• Rates of divorce for veterans with PTSD were two times greater than for veterans without PTSD
Six years old when my husband was first diagnosed
Less than a year old when my husband was first diagnosed
A FATHER AND HUSBAND LOST IN A WORLD OF POST TRAUMATIC STRESS
THE PAIN OF SEPARATION
AFTER HEALING AND RECONCILIATION
RAISING AWARENESS FOR OTHER FAMILIES WITH WHEN WAR COMES HOME
• Seek help
• Find hobbies to help relieve stress
• Find someone to talk to who understands, support groups
• Educate yourself about PTSD
• Seek support in your church, small group, etc.