





REINTEGRATION: A FAMILY'S STORY









THE WAR THAT CAME HOME

One Spouse's Journey from Horror to Healing







FACTS ABOUT PTSD

Combat PTSD affects between 11-20% of those who served in OIF and OEF

12% of those who served in the Gulf War

15% of those who served in Vietnam



FACTS ABOUT SECONDARY PTSD

Half of spouses of veterans who have PTSD have reported feeling like on the edge of a "nervous breakdown"

Rates of divorce for veterans with PTSD were two times greater that for veterans without PTSD



JULIENNE

Six years old when my husband was first diagnosed



ELLA

Less than a year old when my husband was first diagnosed



A FATHER AND
HUSBAND LOST IN A
WORLD OF POST
TRAUMATIC STRESS



THE PAIN OF SEPARATION



AFTER HEALING AND RECONCILIATION



RAISING AWARENESS
FOR OTHER
FAMILIES WITH
WHEN WAR COMES
HOME





HOPE FOR FAMILIES

Seek help

Find hobbies to help relieve stress

Find someone to talk to who understands, support groups

Educate yourself about PTSD

Seek support in your church, small group, etc.