

Published Book Resources for Clinicians

This book listing is comprised of reviews from MFRI staff members who have reviewed hundreds of books for different audiences. The books listed below met our minimum criteria for inclusion in a list of potential resources for clinicians working or interacting with military members and their families.

Grief and the Loss of an Adult Child, Vol. 8

Authors: Otto Schwarz Margolis, Austin H. Kutscher, Eric R. Marcus
ISBN: 027591304X

Book Review: Provides multiple stories which may be very helpful for parents and clinicians attempting to relate to adolescents with anxiety/depression/guilt; Provides good therapeutic interventions; Easy read

Neurobehavioural Disability and Social Handicap: After Traumatic Brain Injury

Authors: Rodger L. Wood
ISBN: 863778909

Book Review: Good reference tool for clinicians that includes discussions of family members who have a disability

Raising Resilient Children: A Nine Session Parenting Curriculum to Foster Strength, Hope and Resilience.

Authors: Goldstein, S., & R. Brooks
ISBN: 1557665990

Book Review: Useful tool for early intervention programs or professionally led parent support groups. Simple, systematic, and easy to follow instruction along with thought provoking questions and summaries.

Rehabilitation of Traumatic Brain Injury

Authors: Walter M. High, Karen A. Hart, Margaret A. Struchen, Angelle M. Sander
ISBN: 195173554

Book Review: Relevant, researched based information for clinicians working with patients suffering from a traumatic brain injury.

The Anxiety Workbook for Teens: Activities to Help You Deal with Anxiety & Worry

Authors: L. Schab
ISBN: 1572246034

Book Review: Although specific to the military population, it provides a variety of methods to help address anxiety. May be more appropriate for cognitively advanced teens.

The Survival Guide for Marriage in the Military

Authors: G. T. Gomulka
ISBN: 9780974808307

Book Review: A pre-marital or marital counseling resource.

Treating Trauma Survivors with PTSD

Authors: Rachel Yehuda
ISBN: 1585620106

Book Review: Good overview of research while providing further references and resources

What Psychotherapists Should Know about Disability

Authors: Rhoda Olkin
ISBN: 1572302275

Book Review: Very informative with a good presentation of strategies for clinicians to use when working with a disabled client.