

Published Book Resources for Children

This book listing is comprised of reviews by MFRI staff members who have reviewed hundreds of books for different audiences. The books listed below met our minimum criteria for inclusion in a list of potential resources for those working or interacting with military children.

100 Days and 99 Nights

Authors: A. Madison
ISBN: 316113549
Recommended Age: 9 to 12

Book Review: Shares realistic concerns that pre-teens experience with the deployment of a military parent.

A Paper Hug

Authors: S. Skolmoski and A. Bennion
ISBN: 978642503
Recommended Age: 4 to 8

Book Review: Good recommendation of a child deployment activity. Easy to read, simple language that is both positive and motivating.

A Very Long Time

Authors: G. Timperley and N. Arro
ISBN: 097094439X
Recommended Age: 4 to 8

Book Review: Consistent theme children can easily relate to with encouraging and positive tone.

Daddy Got His Orders

Authors: K. Mitchell and K. Mitchell
ISBN: 976081105
Recommended Age: Baby to Preschool

Book Review: Modern story of deployment with issues and emotions presented in an easy to understand and relate to manner.

Daddy You're My Hero

Authors: M. Fergusson-Cohen
ISBN: 972926402
Recommended Age: 4 to 8

Book Review: More appropriate for younger children; May be helpful as a way for parents to communicate with their children.

Daddy, Will You Miss Me?

Authors: W. McCormick
ISBN: 689850638
Recommended Age: 4 to 8

Book Review: May be more appropriate in opening up a discussion about deployed soldiers and what happens during a deployment.

Daddy's In Iraq and I Want Him Back

Authors: C. Hoyt
ISBN: 1412060427
Recommended Age: under 10

Book Review: Accurate description of child's view of deployment.

Everett Anderson's Goodbye

Authors: L. Clifton
ISBN: 805008004
Recommended Age: 8 and under

Book Review: Brief, simple story with great illustrations in order to teach children about grief.

Georgie's Moon

Authors: C. Woodworth
ISBN: 374333068
Recommended Age: 9 to 12

Book Review: Great lessons for the pre-teen with issues they may encounter.

H Is for Honor: A Military Family Alphabet (Sleeping Bear Alphabets)

Authors: D. Scillian
ISBN: 1585362921
Recommended Age: 4 to 8

Book Review: Interesting and educational with good information for both children and parents.

I Miss You: A First Look at Death

Authors: P. Thomas
ISBN: 764117645
Recommended Age: 4 to 8

Book Review: A resource for caregivers to work with children over a difficult subject with good discussion questions and simple wording.

If You Listen

Authors: C. Zolotow and S. Vitale
ISBN: 762413352
Recommended Age: 4 to 8

Book Review: Sheds light on coping skills to be utilized during a parent's absence

I'll See You When the Moon is Full

Authors: J. Fowler and S. Fowler
ISBN: 068810830X
Recommended Age: Baby to Preschool

Book Review: Provides good rituals before separations which may be more appropriate for short separations. However, discusses how one can adapt the provided information for longer separations;

I'm A Hero Too

Authors: J. Sokol
ISBN: 1425989859
Recommended Age: 4 to 8

Book Review: Age appropriate explanation of emotions felt when parents are deployed.

Love, Lizzie: Letters to a Military Mom

Authors: L.T. McElroy
ISBN: 807547778
Recommended Age: 4 to 8

Book Review: Offers great insight as to the questions a child might ask through the deployment experience to the deployed parent.

Mommy Don't Go

Authors: E. Crary
ISBN: 1884734200
Recommended Age: 4 to 8

Book Review: Explores many different reactions children might experience during deployment while explaining behavior to children as a set of choices.

My Big Brother

Authors: M. Cohen
ISBN: 1595720073
Recommended Age: 4 to 8

Book Review: Provides an understanding of how siblings connect when one is in the military/deployed

My Daddy's a Hero

Authors: R. Christiansen and J. Armstrong
ISBN: 1595712097
Recommended Age: 4 to 8

Book Review: Describes why families participate in the military and assists with ways to stay connected through the deployment of a father

My Father is in the Navy

Authors: R. McKinley
ISBN: 688106390
Recommended Age: Baby to Preschool

Book Review: Discusses unique and often not discussed side of reunion while addressing the feelings of younger children who might not remember the deployed parent.

Ned And The General: A Lesson About Deployment

Authors: R. Madison
ISBN: 1887206248
Recommended Age: 4 to 8

Book Review: Military children will relate to this book and will be inspired to write their own story.

Perch, Mrs. Sackets, and Crow's Nest

Authors: K. Pavlicin
ISBN: 1934617008
Recommended Age: 9 to 12

Book Review: Provides a good overview of varying emotions children might experience after the loss of a parent

Piper Reed: Navy Brat

Authors: K. Holt
ISBN: 312380208
Recommended Age: 6 to 10

Book Review: Great book for pre-teens with a parent in the military. Good description of how a child processes relocation and other military issues beyond her control.

Red, White, and Blue Goodbye

Authors: S. W. Tomp
ISBN: 802789617
Recommended Age: 4 to 8

Book Review: Good story that is easy for young children to understand and opens up a discussion of ways children can remember their parent

Sammy's Soldier

Authors: S. White
ISBN: 1434303640
Recommended Age: 4 to 8

Book Review: A simple, positive book that can assist in eliciting questions from older toddlers.

The Divorce Helpbook for Kids

Authors: Cynthia MacGregor
ISBN: 1886230390
Recommended Age: 8 to 12

Book Review: Not military specific resource for all children who may have parents divorcing.

The Invisible String

Authors: P. Karst
ISBN: 875167349
Recommended Age: 4 to 8

Book Review: Well written and easy to follow book for young readers; Provides a nice metaphor for being connected when physically separated

The Kissing Hand

Authors: A. Penn
ISBN: 1933718005
Recommended Age: 4 to 8

Book Review: Offers a ritual for separation and illustrates reciprocity between child and parent.

The Magic Box: When Parents Can't Be There to Tuck You In

Authors: M. Sederman and S. Epstein
ISBN: 1557988064
Recommended Age: 4 to 8

Book Review: Great example of how to hold onto a parent when they are absent. Opens discussion about emotions.

The Purple Heart

Authors: M. Talbert
ISBN: 595097715
Recommended Age: 9 to 12

Book Review: Provides good description of emotions/reactions from a military child's perspective.

The Soldiers' Night Before Christmas (Big Little Golden Book)

Authors: C. Ford and T. Holland
ISBN: 375837957
Recommended Age: Baby to Preschool

Book Review: A military play on "Twas the Night before Christmas"

When Dad's at Sea

Authors: M. Pelton
ISBN: 807563404
Recommended Age: 4 to 8

Book Review: Nicely done story that discusses the feelings experienced when father is deployed

When I Miss You (The Way I Feel Books)

Authors: C. Spelman
ISBN: 807589039
Recommended Age: 4 to 8

Book Review: Good general book of separation and reunion

While You Are Away

Authors: E. Spinelli
ISBN: 1423113519
Recommended Age: 4 to 8

Book Review: Offers a positive view and helpful suggestion for ways to keep connections between kids and parents.

