



Regional Break Out Session Summary

SOUTHERN INDIANA

Needs/Concerns

- Clear lines about what organizations do, resources provided, and whom they serve
- Reducing the stigma of seeking help
- Getting the right help at the right time for veteran and family
- Homeless
- Suicide
- Unemployment
- Veteran courts
- Legislation
- Training for providers
- Connecting with other resources (networking)
- Research need - Brain development goes to age 23 so... impact of “war” exposure-survival then cemented

Strategies

- Public campaign
- Increase knowledge base of professionals
- Educate about resources for vets/families
- Congressional advocate
- Regional subject matter experts/ list of trainers

NORTHERN INDIANA

Needs/Concerns

- Connecting veterans with services/resources as they are needed
- Employment/homelessness
- Educating service providers
- Helping agencies to collaborate/communicate available resources
- Community needs to know about military culture
- Childcare
- Identify the needs of the military family/ “client”
- Mental health concerns
- NEED: Centralized resources and training

Resources

- Veteran services organization
- Yellow Ribbon program
- Family readiness groups
- Vet peer-to-peer mentoring
- Guard/reserve family support chaplains (J9)
- Military One Source
- County vet service office (state office of veteran affairs)
- Unit command
- County vet services office
- 2-1-1 phone line
- United Way/crisis center
- VA Website
- J-9 IN National Guard website
- MFRI
- www.I-HOPE
- Veteran resources city by city
- Churches/religious organizations
- Homeless shelters
- Veteran service organizations
- Red Cross
- Military Network MIMIN
- WorkONE
- SBHP

- National resources
- Adam Benjamin Center
- Universities
- Community capacity meetings
- Social media

CENTRAL INDIANA

Needs/Concerns

- Employment/homelessness
- Family services
- Trauma therapies
- Local awareness of communities
- High suicide rate
- Stigma- “I didn’t know I needed help…”
- Marketing by VAMC and other veteran resources
- Lack of media coverage of veteran issues
- 50% veterans are not accessing care
- Lack of free/affordable care in communities without direct access to VA or other affordable care
- Misinformation about VA benefits
- What happens after the 5 years of care
- Funding
- Education for community about military/veterans
- No coordination at point vet needs help
- Substance abuse
- Physical health
- Veterans awareness of resources
- Emergency relief
- Mentorship volunteers
- Social networks for providers
- Financial resources
- Prevention
- Parents of single soldiers
- Education of families, soldiers and vets at multiple points during their careers deployment, transition
- Marketing to agencies? (MFRI)
- #1 Need: Lack of awareness information with in community about vet issues and resources to address these issues

Resources

- Mental health centers
- Media –web based
- VA
- Businesses
- Transportation
- List of resources in the county

- Vet service officer
- “Joining forces” –volunteers advocating for vets (no funding)
- 2-1-1 network
- Therapist (military sensitive) SBHP
- VA med center
- NG military family counselor (FRG)
- Volunteers helping hands –give an hour
- Stand downs
- Churches
- Family assistance specialist
- INNG Employment Coordination Cell
- VA for Vets
- Military grants (NGRF, IDVA, MFRI)
- Community based meetings
- Faith based veteran.org, serice.org
- ISFAC (joining community forces)
- www.connect2help
- Mayors action committee for veterans
- Russ Eaglin –www.indy.gov/veteranservices (317) 327-3601
- Valle Vista Greenwood (24/7)
- 1-877-4AIDVET
- Library
- WorkONE
- USO centers



Actions

- Partnerships
- Got your 6 – essential resources
- Create a tri-regional committee
- (Mayors homeless council?)
- Info about after care
- Create standardized questionnaire for vet about want/need for resources
- Create central cleaning house for info/ resources
- Standardized web-based readjustment protocol
- checklist of resources
- monitoring resources responsibility and responsiveness
- Advocate position that can assist and service navigation for vets
- Need one stop shop

- Collaboration of community providers
- Centralizing clearing house
- Welcome back wagon
- Packets to family
- The plan
- Start discussions about military issues
- Workshops → HVAF, VA, HUD, MFRI
 - Website
 - VA101
 - Who qualifies
 - What programs
 - Where are they and how get there
 - Congrats for each program
 - One stop shop for all information/needs
- Strategic Plan
 - Military knows what you are going and they set up case management for you
 - Resource centers Takes to center
 - Community buddy or mentor
 - Tax breaks to retain veterans in jobs
 - Signage-highways-churches
 - Where to go to get help
 - Ask the vet – how can we help
- Repository of providers/service organization
- Systems to initiate follow up at certain periods
- Optional formalized re-entry program
 - Funding
 - Marketing-create “Veteran safe place” signs in business
 - Determination where vets
 - People and equipment
 - KEEP IT SIMPLE

NATIONAL

Need

- Effective family and mental health services
 - Resources- Lots
 - VA, VFW, American Legion, MFRI, interfaith collaboration, American Red Cross, etc
 - Need focused collaborative effort

CHALLENGES IN RURAL COMMUNITIES

Needs/Concerns

- Training for providers
- Wrap around services
- Day care services
- Mother's day out ~ parent's day out
- Transportation
- Connecting with other resources/agency referrals
- Communication with other service providers
- Employment
- Homelessness
- Lack of resources
- Funding

Resources

- NotAlone.com - Free mental health services = NotAlone.com 1-866-781-8010
- Monroe County Military Support (meets once a month)
- National call center
- County service
- Clevets.org- refer for jobs
- American Legions and other veteran service organizations
- Ebenefits.va.org – military records
- My Health^eVet – helps with medication, appointments, get virtual database to information providers about other providers

Plan

- What do we need to do to help communication between providers?
- Community initiative
- Focus group to identify the need of a database
- Contractors to build database of services
- Booklet with services for each county/ area
- Dissemination of information
- Clearing house of resources